

Healthy Me! Happy Me!



Y2 Topic Overview

During this topic, the children will focus on the importance of maintaining a healthy lifestyle through regular exercise, a balanced diet, good hygiene and taking simple steps to boost their own mental health and well-being. They will celebrate nurses as role models and understand differences between hospitals and nurses now and long ago. The children will develop their social and emotional skills through our Jigsaw PSHE programme. They will learn about themselves and develop their resilience skills.



As a **Scientist**, the children will learn about growing and changing. They will group animals and their offspring and learn about the stages in the human life cycle. They will learn about the basic needs (food, water, air and shelter) which all animals, including humans need to survive. Following on from this they will study healthy lifestyles. Through investigations and observations, they will discuss the importance of exercise and hygiene. They will also classify foods and recognise that to be healthy we should eat a lot of some foods and not so much of others.

Links to prior learning:

- Know and name the parts of the body and senses.
- Name a famous person from the past (within living memory). Explain why they are famous and learn the difference between fact and fiction.
- Know the countries of the UK.
- To use a pencil to create lines of different thickness.
- Cut food safely and explain what they want to make.



As a **Historian**, the children will study the lives of Florence Nightingale and Mary Seacole. They will sequence and compare the lives of these two significant individuals and discuss the impact they had on nursing. They will compare artefacts, pictures and photographs of nurses from the past to present day and use sources to answer questions. Following this, the children will learn about the Gunpowder Plot and The Great Fire of London. This will link to our PE lessons through dance and in English the children will write a historical recount.



As a **Musician**, the children will learn to make short sequences of sounds and about how music can tell a story.



As a **Theologist**, the children will learn about the Islam faith and later in the term, the significance of the birth of Jesus to Christians.



As a **Writer**, the children will begin by creating poetry linked to a range of emotions. They will also write creative character descriptions and sets of detailed instructions with a focus on imperative verbs, linked to our class texts.



As a sports person, the children will be refining their throwing and catching skills by playing mini games as well as learning to link dance to the Gunpowder Plot.



As an **Artist/ Healthy Eater** the children will develop a range of mark making skills and apply this to create illustrations for a story. The children will also be developing their cooking skills to create a healthy meal.



As a **Linguist**, we will be thinking about the pronunciation of verbs in French within the context of visiting the park.



As a **Digital User** the children will learn about the uses and benefits of Information technology in school, home and the wider world and discuss how IT can make our lives easier. They will also learn how to use IT safely and responsibly through the digital 5 a day.